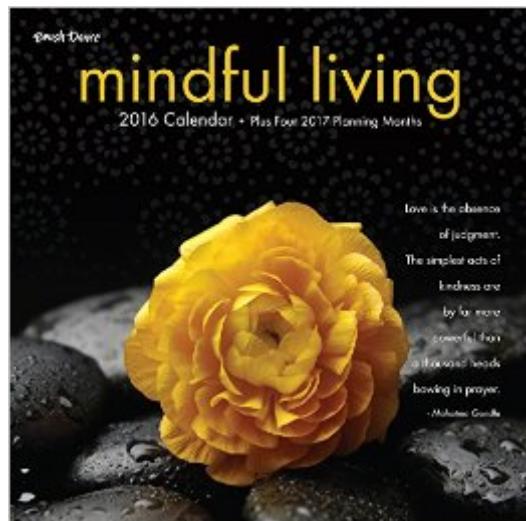


The book was found

2016 Mindful Living Wall Calendar



Synopsis

Live a more mindful life throughout the year with this calendar featuring breathtaking art and reflective words of wisdom. Monthly Quotes:January:Â Less is more. - Robert BrowningFebruary:Â Love is the absence of judgment. - Dalai LamaMarch:Â The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience. - Eleanor RooseveltApril:Â Perfection of character is this: to live each day as if it were your last, without frenzy, without apathy, without pretense. - Marcus AureliusMay:Â Teach us to delight in simple things. - Rudyard KiplingJune:Â The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer. - Mahatma GandhiJuly:Â Happiness is not something ready made. It comes from your own actions. - Dalai LamaAugust:Â A stumble may prevent a fall. - Thomas FullerSeptember:Â Sit. Rest. Work. Alone with yourself, never weary. On the edge of the forest live joyfully, without desire. - BuddhaOctober:Â Silence is sometimes the best answer. - Dalai LamaNovember:Â Let yourself be open and life will be easier. - BuddhaDecember:Â Do not dwell in the past. Do not dream of the future. Concentrate the mind on the present moment. - Buddha Details and Dimensions: 12"" x 12""Durable cover and punch holeQuotes on each pageFull color artPrinted on high-quality FSC-certified paper. The FSC Mix label ensures that the timber used to produce the paper is from a mixture of reclaimed timber or fiber, FSC-certified forests and/or controlled wood.

Book Information

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Language: English

ISBN-10: 1610463331

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Product Dimensions: 12.1 x 12.1 x 0.1 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #728,884 in Books (See Top 100 in Books) #61 inÂ Books > Calendars > Diet & Health #7561 inÂ Books > Self-Help > Motivational

Customer Reviews

My favorite calendar the past few years... The quotes invoke that quick re-set with my spirit, breath, and thoughts. The images are serene and beautiful. It's your pretty standard large wall calendar

(12x12) -- picture/quote on top half, daily squares of the month below with a variety of "holiday dates".

High quality paper & photography. Just a bit of Asian design; not totally so -- which is what I wanted. Full blown Asian doesn't work with the decor of the room I use it in. The BEST part of all is that the boxes/numbers are large so I can really see them from my desk!

I buy this calendar every year for the pictures, quotes and arrangements. A real work of art.

Love the restful images and the large spaces in each month to jot reminders. Loved it so much this has become my go to calendar for monthly affirmatives/positive reinforcement with the inspirational quotes.

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